

23rd World Congress of Psychotherapy: “Psychotherapy and World Mental Health 2023”
International Federation for Psychotherapy
9-11 February 2023
Faculty of Medicine and Pharmacy, University Hassan II, Casablanca, Morocco

Thursday, February 9– Day 1				
0730 onwards	Registration			
0900-1200	Course 1 Fundamentals of Supportive Psychotherapy Erin Crocker (USA) and Randon Welton (USA)	Course 2 Fundamentals of CBT Reham Aly (Egypt) and Keith Dobson (Canada)	Course 3 CBT for Psychosis Warut Aunjitsakul (Thailand)	Course 4 Psychotherapy in Primary Care – François Ferrero (Switzerland) and Yazeer Khazaal (Switzerland) in French
1200-1300	Lunch			
1300-1600	Course 5 Fundamentals of Psychodynamic Psychotherapy Constantine Della (Philippines), Samuel Cheng (Singapore), Andre Tay (Singapore), Rasmon Kalayasiri (Thailand), Nik Ruzyanei (Malaysia)	Course 6 A Review of Third Wave Psychotherapies Jian Lin Loo (UK), Noor Melissa Nor Hadi (Malaysia) and Iizax Ramírez (Mexico)	Course 7 Fundamentals of Motivational Interviewing Faiz Tahir (Malaysia) and Hazli Zakaria (Malaysia)	
1600-1630	Break			
1630-1830	Opening Session Driss Moussaoui (Morocco) Norman Sartorius (Croatia) César Alfonso (USA) Gisèle Apter (France) Tom Craig (UK) Fiammetta Cosci (Italy) Nadia Kadri (Morocco) Hachem Tyal (Morocco) François Ferrero (Switzerland) Franz Caspar (Switzerland) Ulrich Schnyder (Switzerland)			
1830-1900	Plenary Session Afzal Javed (Pakistan/UK) Psychosocial Treatments and Public Health Needs			
1900-1930	Plenary Session Norman Sartorius (Croatia) Psychotherapy and Public Health			

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	Friday, February 10 – Day 2
0730-	Registration
0815-0900	Plenary Session Mark van Ommeren (Switzerland) Towards the Effective Implementation of Psychological Interventions at Scale
0900-0945	Plenary Session Moussa Ba (Senegal) Caring for the caregivers in challenging situations– Lessons learned from the United Nations
0945-1030	Plenary Session Driss Moussaoui (Morocco) Access to psychotherapy: For a better mental health in the 21st century
1030-1100	Tea Break
1100-1145	Plenary Session Dinesh Bhugra (UK) The psychology of institutions
1145-1230	Plenary Session Ulrich Schnyder (Switzerland) Evidence-based psychotherapies for PTSD: Differences, commonalities, and future directions
1230-1400	Lunch & Poster Session

1400-1530	<p>Paper Session <i>Keith Dobson (Canada):</i> An evidence- based approach to stigma reduction: Lessons from the Mental Health Commission of Canada <i>Michael Shapiro (USA):</i> Psychotherapy implications of post-traumatic religious conversion of an adolescent <i>Maureen Lyon (USA):</i> Palliative Care needs of children with rare diseases and their families <i>Etheldreda Nakimuli-Mpungu (Uganda):</i> Long-term Effect of Group Support Psychotherapy on Depression and HIV Treatment Outcomes: Secondary Analysis of a Cluster Randomized Trial in Uganda</p>	<p>Symposium <i>PMG Sales (USA); G da Ponte (Portugal); A Lara (USA); Z Aburjania (USA)</i> Combined psychotherapies for people living with HIV/AIDS: Navigating loss, uncertainty, and meaning- WPA HIV Section sponsored symposium</p>	<p>Symposium <i>JL Loo (UK); I Ramirez (Mexico); MA Baharom (Malaysia); I Salihi (Morocco)</i> Psychotherapy training; Practical recommendations for impactful change</p>	<p>Symposium <i>N Sartorius (Croatia); D Moussaoui (Morocco); U Schnyder (Switzerland); F Caspar (Switzerland); J Bennani (Morocco)</i> History of psychotherapy</p>	<p>Symposium <i>P Fiori Nastro (Italy); L Giorgini (Italy); I Calesini (Italy); A Dell'Erba (Italy); D Polese (Italy); M Moneglia (Italy)</i> Clinical applications of Human Birth Theory</p>	<p>Symposium <i>M Ammon (Germany); H. Tyal (Morocco); M Schmolke (Germany)</i> <i>S Bast (Germany)</i> Dynamic Psychiatry and mental health- WADP sponsored symposium</p>	<p>Symposium <i>AE Ruble (USA); NL Day-Vines (USA); C Franklin (USA); MB Cogan (USA)</i> Broaching the development of a curriculum to address racial, ethnic, and cultural factors for trainees</p>
1530-1600	Tea Break						
1600-1700	<p>Interactive Workshop <i>Bochra Nourhène Saguem (Tunisia)</i> <i>Najla Seghaier (Tunisia)</i> Cognitive and Behavioral Therapy for Insomnia (CBT-i) <i>(In French)</i></p>	<p>Panel Discussion <i>F Naeem (Canada); D Moussaoui (Morocco); C Alfonso (USA); D Basu (India); S Cheng (Singapore)</i> Are cultural adaptations of psychotherapy necessary?</p>	<p>Interactive Workshop <i>S Olarte (USA); C Della (Philippines)</i> Understanding the curative factors in psychotherapy</p>	<p>Panel Discussion <i>U Schnyder (Switzerland); A. Jalali (Iran); Asher Aladjem (USA); K. Duchonova (Czech Republic)</i> Controversies about the delivery of early interventions after trauma</p>	<p>Interactive Workshop <i>K. Dobson (Canada)</i> WCCBT Workshop CBT for Depression</p>	<p>Panel Discussion <i>M Botbol (France); G Apter (France); V Delvenner (Belgium); M Lyon (USA)</i> Adolescents and psychotherapy-An impossible quest?</p>	<p>Interactive Workshop <i>AE Ruble (USA); NL Day-Vines (USA); C Franklin (USA); MB Cogan (USA)</i> Broaching the subjects of race, ethnicity and culture with patients: An integrative framework</p>
1700-1715	Break to Change Rooms						
1715-1815	<p>Panel Discussion <i>R Antunes dos Santos (Canada); V di Nicola (Canada); C Alfonso (USA); J Jenewein (Austria)</i> What can psychotherapists learn from the Social Sciences?</p>	<p>Interactive Workshop <i>J Silvio (USA); JR Condemarín (USA)</i> <i>R Sitthichai (USA)</i> Psychodynamic aspects of prescribing medications</p>	<p>Case Conference <i>Presenter: J Smith (USA)</i> <i>Co-Discussants: A Tay (Singapore); TBD; TBD</i></p>	<p>Panel Discussion <i>H Zakaria (Malaysia); H Tyal (Morocco); T. Sullivan (USA); A Jimenez (Philippines)</i> Is psychoanalysis relevant in the twenty-first century?</p>	<p>Interactive Workshop <i>Jl Downey (USA); N Kadri (Morocco)</i> Psychotherapy, sexuality, and culture</p>	<p>Panel Discussion <i>G da Ponte (Portugal); M Michael (USA); A. Aladjem (USA); A Vasiljeva (Russia)</i> Can psychotherapy be meaningful with the terminally ill?</p>	<p>Panel Discussion <i>M Pinto da Costa (UK); F. Ferrero (Switzerland); A. Fuenmayor (USA); R. Alarcón (USA); S. Tavakoli (Iran)</i> Changing paradigms in psychotherapy education</p>

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Saturday, February 11 – Day 3							
0730 -	Registration						
0800-0845	Plenary Session Jalil Bennani (Morocco) For a new approach of traditional and modern practices						
0845-0930	Plenary Session Thomas Craig (UK) A therapist in your pocket? A role for digital technology in the delivery of psychological therapies						
0930-1000	Tea Break						
1000-1045	Plenary Session César Alfonso (USA) Childhood adversity, epigenetics, and psychotherapy as a biological treatment						
1045-1130	Plenary Session Vincenzo Di Nicola (Canada) Take Your Time: Seven Lessons for Young Therapists						
1130-1300	Lunch & Poster Session						
1300-1430	Paper Session (In Spanish) <i>C Rodriguez Sutil et al (Spain)</i> Construyendo una historia grupal del pensamiento relacional en España <i>S. Olarte (USA/Argentina)</i> Tratamientos psicoterapéuticos con pacientes bilingües en los Estados Unidos <i>R Condemarin (USA/)</i> Dimensiones psicodinámicas de los efectos placebo y nocebo <i>M Paes (Morocco)</i> Necesidades en psicoterapia en la época post-COVID	Symposium <i>M Botbol (France); H. Granier (France); M. Ammon (Germany); Gabriele von Bulow (Germany)</i> Verbal and nonverbal psychotherapy- Interorganizational symposium sponsored by the WADP and WPA PIP Section	Symposium (In French) <i>D Moussaoui (Morocco); J Bennani (Morocco); N Kadri (Morocco); S Douki (Tunisia)</i> Psychotherapy and Culture	Symposium <i>D Jeste (USA); M Linden (Germany); I Grossmann (Canada); R Kord Noghabi (Iran)</i> Wisdom-Training and Wisdom Psychotherapy	Symposium <i>L Giorgini (Italy); V. Caihung (Philippines); K Duchonova (Czech Republic); R. Aly (Egypt); Zhengjia Ren (China)</i> Psychotherapy for Adolescents -New Challenges for Youth Mental Health in the Post-COVID era. Symposium sponsored by the WPA Psychotherapy Section SIG on Psychotherapy for Children and Adolescents	Panel Discussion <i>G Apter (France); A Harrison (USA); M Keren (Israel); D Schechter (Switzerland);</i> Should psychotherapists treat parents and children together or separately?	Oral Communications TBD TBD TBD TBD TBD

1430-14 45	Break to change rooms						
1445-16 15	Paper Session <i>R. Aly (Egypt)</i> CBT in Egypt <i>Mary Anne Nauer (Switzerland)</i> The Second System of Thought TBD TBD	Symposium (in French) <i>M Botbol (France); H Granier (France); ME Costa Pereira (Bresil); H Tyal (Maroc); J Benanni (Maroc)</i> La revanche de Freud-Psychothérapie réelle ou virtuelle? -Section Psychanalyse et Psychiatrie de la WPA	Symposium <i>J Downey (USA); S Katz-Bearnot (USA); E Crocker (USA); R Welton (USA); T Sullivan (USA)</i> Clinical examples of psychodynamics used in everyday interactions – A symposium sponsored by the American Academy of Psychodynamic Psychiatry and Psychoanalysis	Symposium <i>K Duchonova (Czech Republic); A H Jalali Nadoushan (Iran); F Rachma Putri (Indonesia); B Sawitri (Indonesia); G Mijaljica (Sweden); A Haydabrus (Ukraine/Spain)</i> Possibilities of psychotherapeutic work with severely traumatized patients	Interactive Workshop <i>R Kalayasiri (Thailand)</i> <i>E Drits (USA)</i> Psychotherapies of the addictions	Case Conference <i>Presenter: A Fuenmayor (USA)</i> <i>Co-Discussants: A Jimenez (Philippines); S Cheng (Singapore); TBD</i>	Book Presentations Chair: C Alfonso (USA) Books by: <i>C. Alfonso (USA)</i> <i>D Moussaoui (Morocco)</i> <i>D França (Brazil)</i> <i>J Benanni (Morocco)</i>
1615-16 45	Tea Break						
1645-17 45	Panel Discussion <i>C Della (Philippines); W Aunjitsakul (Thailand); SD Elvira (Indonesia); C Aroui (Morocco)</i> Is there a place for religion in psychotherapy?	Interactive Workshop <i>H Algahtani (Saudi Arabia)</i> <i>Alaa Abdulhamid Alhawsawi (Saudi Arabia)</i> CBT for common problems in Primary Care	Panel Discussion <i>E Crocker (USA); M Ammon (Germany); ME Costa Pereira (Brazil); T Sullivan (USA)</i> Should psychotherapy modalities be integrated or delivered separately?	Interactive Workshop <i>E Ross (USA); C Alfonso (USA)</i> Psychotherapy for persons with vision loss and blindness	Panel Discussion <i>T Craig (UK); S Olarte (USA); J. Silvio (USA); A Jimenez (Philippines)</i> Is there a dose effect in psychotherapy?	Panel Discussion <i>JL Loo (UK); I Ramirez (Mexico); R Aly (Egypt); P Steen (USA)</i> How different are Third Wave Therapies from traditional CBT?	Case Conference <i>Presenter: Matiko Mwita (Tanzania)</i> <i>Co-Discussants: S Cheng (Singapore); R Kalayasiri (Thailand); TBD</i>
1745-18 00	Break to change rooms						
1800-19 00	Closing Session <i>Presentation of Young Investigator Awards</i>						

Educational Activities:

Courses: 3 hours; 1-3 course directors with additional small group instructors as needed; pre-registration offered but same day registration also available; capped at 50-75 participants per course

Plenary Sessions: 45 minutes; Chair who will introduce the speaker for 5-minutes Plenary Speaker 30-35 minutes, 5-10 minutes buffer time. Questions can be submitted via email to the speaker after the talk.

Panel Discussions: 1 hour; Moderator and up to 4 additional panellists. Panellists will interact prompted by the moderator and some time at the end of interaction with audience via the moderator

Interactive Workshops: 1 hour; one or two Workshop Facilitators who will dedicate the entire time to interact with the audience

Symposia: 90 minutes, two co-chairs, 4 presenters, 15 minutes per presentation, 30 minutes of Q&A

Paper Sessions: 90 minutes, two co-chairs, 4 presenters, 15 minutes per presentation, 30 minutes of Q&A

Case Conferences: 1 hour; moderator, one presenter (5-15 minutes case illustration), 5 minutes of Q&A about case data, 2-3 discussants (10 minutes each), plus time at the end of interaction with audience

Oral Communications: 90 minutes, two co-chairs, 5 presenters., 10 minutes each presenter.

Posters: presented during lunch break on days 2 and 3 of the congress